

# Updates for July 2013

# Ways to donate and support CINDEA

Please consider becoming a "Friend of *CINDEA*" — see our <u>Organization page</u> — and make a donation to enable us to continue to provide this service. We regret that we are presently not able to give tax receipts.

*CINDEA* has also recently been accepted as a "Worthy Cause" by <u>WebEasy Services</u> (computer tutoring & website design). WebEasy gives a percentage of your contract fees to the organization of your choice — which can be *CINDEA*. See details on the WebEasy Worthy Cause PDF, attached to this email, which has the **dedicated sponsor code** for *CINDEA*.

# Death Midwifery/Home Funeral Guide Training in Canada

First <u>Final Passages</u> training in Canada took place in Duncan (Vancouver Island), B.C. — Levels I and II, during April 12-15, 2013. A Home Funeral Guide, or a Death Midwife, guides families through post-death care which is at-home and family-directed (this includes the necessary paperwork) — the post-death side of what *CINDEA* recognizes as a Death Midwife's role. Pashta MaryMoon was the guest speaker on B.C. regulations and required paperwork, and the *CINDEA* organization in Canada.

The participants are now meeting regularly to continue to practice together, mentor one another, and consider further education and training avenues in British Columbia.



Media — by or about CINDEA

<u>DIY Funeral Care: Family-directed Post-death Care and Funerals (often called 'home funerals')</u> (written by the co-directors of *CINDEA*) — the DIY/Home Funeral page for the Canadian Funerals Online website.

<u>Defining the Role of the Death Midwife</u> (written by the co-directors of *CINDEA*)—article published on the eHospice website.

<u>Death Midwifery in Canada</u> is a podcast interview with Pashta MaryMoon, by Lynn Thompson, the radio host of "Living on Purpose".



### Listings on other Websites

CINDEA is now listed on several websites:

Canada-wide:

- the Canadian Virtual Hospice website under "Books, Links, and More", then "Death and Dying", then "Online Resources", with this text at <u>CINDEA</u>:
  - Canadian Integrative Network for Death Education and Alternatives (CINDEA)
  - o http://www.cindea.ca/ Year: 2013
  - Description: CINDEA provides education and resources throughout the 'Pan-death' process (before, during, after death). Information about death midwifery, advance care planning, greening death, post death care and funeral homes is provided
- Canadian Unitarian Council <u>'Choices in Dying' Resources</u>

Provincial:

- B.C. Funeral Association's Bereavement Resources
- Seniors101.ca <u>Community Resources</u> page (under Funeral Services)
- Vancouver Island University's Death and Dying: Interdisciplinary Perspectives Canadian resources
- Earth's Option's resources on grief page
- Thanadoula Contemplative End of Life Care <u>Thanadoula Services</u>
- Beyond Yonder Canadian Links

Non-Canadian:

- The Art of Patient Care Health Directory
- The Funeral Alliance's <u>Canadian Weblinks</u>
- Dying Consciously: the Greatest Journey Organizations page
- Glasgow's Final Fling living and death well page (at the bottom the listing for 'across the world')
- Zen and the Art of Dying's Useful Links

And as a reference on

- The Natural Burial page on Wikipedia
- The Answers.com page on burial
- Red Cabin Wellness page on <u>Death Midwifery</u>

And *CINDEA* has its own <u>Facebook</u> page, that 'Friends of *CINDEA*' are welcome to check out, and 'like', if they so choose.



#### Presentations

"Returning to a Natural Ending" is a two-hour PowerPoint presentation covering the basics of Death Midwifery, home funerals, green burials, etc. *CINDEA* also offers workshops on other subjects — such as comprehensive advance directives, how to do a home funeral, creating and using shrouds, or the evolution of the pan-death movement. If you are a member of an organization that might be interested in having *CINDEA* do a workshop or presentation in the greater Victoria area, please let us know at <u>contact@cindea.ca</u>.

## How to Opt out from Updates

*CINDEA* e-mails will be sent only when we have updates or new information. You have been added to the list for receiving the *CINDEA* updates because of having been in contact with us in the past. If you don't wish to receive these updates, please let us know and we will remove you from the list. Be assured that we will not share your contact information with anyone without your permission.



*Canadian Integrative Network for Death Education and Alternatives* 

Supporting personal choice and meaningful alternatives, and the sustainability of our planet, throughout all of the facets of the pan-death process.

> www.cindea.ca contact@cindea.ca